

Final Year PG Ayurveda Degree Examinations – October 2013

(Manovigyan Evum Manasrog)

Paper IV- Itara Manas Chikitsa Evam Yoga Panchakarma

Time : 3 hrs

Max marks : 100

- Answer all questions

Essay

(20)

1. Explain the role of panchakarma in the management of manasikarogas.

Short essays

(8x10=80)

2. Explain the role of shirodhara in the management of anidra.
3. Explain the role of jnana-bhakti and karma yogas in the management of manovikaras.
4. Explain sudarshanakriya yoga and vipashanakriya in the management of abnormal mind.
5. Explain the role of rasayana and vajikaranaaushadhis in the management of manasikarogas with examples.
6. Explain emergency management in psychiatry.
7. Explain satvavajayachikitsa.
8. Explain Psycho biological effects of yoga.
9. Explain the role of achara rasayana in preservation of mental health.
